


~ October 2020 ~ Cafeteria Hours: Breakfast ~ 7:00 -10:00 am Lunch ~ 11:30-1:30 pm Supper ~ 5:00-6:45 pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1/5 Beanpole Stew Meat Loaf Roast Turkey BBQ Dijon Chicken Breaded Mushrooms Dressing French Green Beans Spinach Casserole	2/6 German Sausage Chowder Roast Beef Macaroni & Cheese Pizza Breaded Cod Strips Potato Chippers Broccoli/Dill Carrots	3/7 Chefs Choice Soup Pork Loin Chop Chicken Strips French Fries Beets Green beans
4/8 Chefs Choice Soup Smothered Steak Breaded Cod Nuggets French Fries Peas Country Blend	5/9 Broccoli Cheese Soup Beef Tips Turkey Pesto Panini Chicken Nuggets Side Winder Fried Potatoes Rice Brussel Sprouts/ Squash	6/10 Tomato Soup Turkey Thyme Roast Steak or Chicken Fajita Bowl w/ Plain or Garlic Lime Rice Ranch Wedges Prince Edward Blend	7/11 Potato Rivel Soup Baked Ham Breaded Chicken Breast Veal Parm/Spaghetti Breaded Zucchini Calif. Mix Green Beans Dinner Roll/garlic butter	8/12 Chicken Noodle Soup Hot Shredded Beef Sandwich Taco Salad Broccoli	9/13 Beef Vegetable Soup Tropical Chicken / Rice Southern Seafood Cakes Pizza Breaded Cauliflower Carrots Oriental Mix	10/14 Chefs Choice Soup Rotisserie Turkey Marinated Pork Chop French Fries Peas Cauliflower
11/15 Chef's Choice Soup Oven Fried Chicken Slow Cooked Beef Roast French Fries Lima Beans Corn	12/16 Cheeseburger Soup Turkey Egg Roll Bowl Roast Beef Breaded Shrimp Sweet Potato Fries Broccoli & Cauliflower Beets	13/17 Southwest Chicken Chili Elegant Chicken 4 oz. Fried Fish Chili Cheese Dog Onion Petals Rice Pilaf French Cut Green Beans Corn	14/18 Parm Kale & Italian Sausage Soup Maple Bacon Glazed Pork Tenderloin Chicken & Noodles Tuna Melt Sandwich Breaded Pickle Spears Stewed Tomatoes or Peas	15/19 Fall Veg. Quinoa Soup Orange Ginger Chicken With Rice Grilled Turkey & Bacon W/ Herbed Cr. Cheese Panko Parmesan Cod Steak Fries Oriental Mix	16/20 Chophouse Potato Soup Lasagna Pork Chop Citrus Salmon Mozzarella Sticks Brussels Sprouts Whole Baby Green Beans French Bread	17/21 Chef's Choice Soup Parmesan Chicken Ham & Escalloped Potatoes French Fries Whole Baby Carrots Corn
18/22 Chef's Choice Soup Chicken Topped Cordon Bleu Br. Cod Strips French Fries Prince Edward Blend Spinach	19/23 Cheddar Potato & Ham Soup Cheese Stuffed Shells Baked Italian Chicken Pulled Pork Sandwich w/ slaw Onion Rings Carrots Beets	20/24 California Medley Soup Southern Baked Chicken Dill Crusted Cod Philly Beef Sandwich Potato Chippers Cabbage w/cheese Corn	21/25 Tomato Florentine Soup Chicken Fajita Quinoa Bowl Breaded Cod Nuggets Sloppy Joe Spicy Curley Fries French Cut Green Beans Peas	22/26 Potato Bacon Soup Goulash Buffalo Dip Chicken Butter Crumb Pollock Breaded Zucchini Sweet Corn Bake California Blend Breadstick w/garlic butter	23/27 Creamy Vegetable Soup Parmesan Chicken Cabbage Roll Pizza 4 oz. Fried Fish Soft Pretzel w/ Cheese Sauce Beets/Green Beans	24/28 Chef's Choice Soup Ranch Dip Chicken Meat Loaf French Fries Carrots Mixed Vegetables
25/29 Chef's Choice Soup Swiss Steak Br. Chicken Sandwich French Fries Peas / Corn	26/30 Cheddar Cauliflower/Bacon Soup Mexican Lasagna Beef & Broccoli Rice Sausage & Kraut Tater Tots Brussel Sprouts	27/31 Taco Soup Basil Parmesan Cod Strips Beef Tips Hot Chicken Sandwich Rice Breaded Cauliflower Dill Carrots /Peas	28/32 Pasta Fagioli Soup Tuscan Chicken Bar-B-Q Ribette Breaded Shrimp Onion Petals Rice Pilaf Roasted Vegetables Whole Baby Green Beans	29/33 Chicken Rice Soup Breaded Pork Tenderloin Deluxe Sandwich Cream Chipped Beef Citrus Pepper Salmon Cheesy Potatoes Battered Green Beans Corn or Stewed Tomatoes	30/34 Chili Spinach Dip Chicken English Beef Roast Pizza Garlic Butter Cod Ranch Wedges Long Grain Wild Rice Oriental Mix or Beets	31/35 Chef's Choice Soup Turkey Thyme Roast Au Jus Roast Beef French Fries California Blend Corn