

# Making Friends with Yourself

*for professionals and parents*

## Registration & Information Form

### Two-Day Class

Thursday, March 21 9:30 a.m. - 4 p.m.

Friday, March 22 9:30 a.m. - 4 p.m.


### Location

Bard Conference Room at Bryan Hospital- 433 W. High St. Bryan OH 43506

### Registration

Space is limited! Register ASAP to reserve your spot by contacting Kathy Davis at 419 636-5414 or [kathydavis@chwchospital.org](mailto:kathydavis@chwchospital.org).

*Fully Funded by*

 Community Hospitals  
and Wellness Centers  
Archbold • Bryan • Montpelier

### Program By

Lorraine M. Hobbs, M.A.

Director, Youth & Family Programs

UCSD Center for Mindfulness Dept., Integrative Medicine

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## Registration Form ✧ March 2019

Full name \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Yes, I fully understand that in exchange for Community Hospitals and Wellness Centers covering my course fees I will make every effort to attend every session of this course.

\_\_\_\_\_  
Commitment signature

\_\_\_\_\_  
Date